

## Course certificate

# Serbinova Yevheniia

has successfully completed our Advanced Course in Spiritual Capabilities of Viktor Frankl's Logotherapy and Existential Analysis.

The course included 5 weekends of 10-hour training in spring 2025; the topics of the modules were:

1. The concept of love in logotherapy,
2. Logotherapy as a spiritual-based and meaning-oriented practice,
3. What did Frankl mean by the meaning of life?,
4. Fundamentals of a successful relationship in therapy, and
5. The defiant power of the human spirit.

The framework of the course was Timo Purjo's book *The Spiritual Capabilities of Viktor Frankl's Logotherapy*, the reading of which was also part of the course requirements. In addition, the course included intermediate tasks, such as Logotherapeutic Value Exercises, as well as essays on the topics of the training.

Viktor Frankl Institute Finland



Timo Purjo, PhD, chairperson of the registered association

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Viktor Frankl Institute Finland is an accredited training institute for Logotherapy and a member of the International Association of Logotherapy and Existential Analysis